



16 Year Old Female Case Study

Background

A 16 year old female who lives with her mother and step father in a Lambeth Estate in Brixton and has been using Code 7's services over the last 6 months.

She was introduced to Code 7 by a current service user, Johnbi, and she is now enrolled on our BBC Children in Need project. She has not missed a session since she enrolled and up to this week (03.08.11) she mentioned how grateful she was to the Code 7 team and she even went as far as to say she don't know what she would do without Code 7.

Her personal issues are mainly the standard problems that the young local females face daily. She says that her parents would not be able to afford to pay for her music sessions, so that, along with her real passion and love for music inspire her to attend every session without fail.

She has a kind of fragile personality and she switches moods as quick as anything. One minute she is fine and the next she is in a full sulk or rage. When she is in her full sulk there is nothing that changes her back quickly.

We always give her the time she needs, speaking to her constantly and even writing and pre-recording lyrics for her just to get her back in the swing of things.

Of late, she is becoming less likely to throw tantrums as she is warming to the fact that we at Code 7 truly cares and want the best for her while she unlocks her hidden talent.

Approach

When she first came to Code 7 she was quiet and kept a serious expression on her face all of the time. She did not resemble a happy person at first but once we kept on showing that we appreciate her talent and will help her to develop it, she began to relax and now we see the expressive side of her coming to the forefront.



Her music recordings had an immediate impact with the Code 7 team and everyone was giving her credit. She featured on her friend's track and her friend featured on hers.

Her friend did not turn up to some rehearsals that were arranged with her and this left her concerned as she did not know whether her friend would be performing alongside her at the upcoming Brixton Splash event, the yearly Brixton festival.

She complained and we worked quickly with her to re-arrange her track so that she could feel comfortable performing it without her friend.

However, her friend has returned and insists that she wants to be a part of everything and we gained an agreement between the two of them to work with each other.

She showed a talent in introducing the artists in rehearsals and so we paid attention here and started a development program to help her improve this talent. She will now host parts of the show at the Brixton Splash Festival.

Outcome/Impact of Programme

She has now developed and gained new skills in: -

- Creative Writing
- Assessment Writing
- Vocal Recording
- Live Performance
- Hosting as Master of Ceremonies
- Team Building

She now phones members of Code 7 outside of project times to ask for advice or even encouragement. Every so often she will say how she is feeling afraid because of her live performance that is coming up and we continually let her know that she is great at what she does and constantly remind her that we are supporting her throughout.